

# RED-ROSE CHIROPRACTIC CLINIC, P.S.

12841 NE 85<sup>TH</sup> STREET • KIRKLAND, WA 98033 • (425) 893-9200 • fax (425) 893-8046

## PATIENT INFORMATION

DATE:

BP:

P:

Patient Name: (First) \_\_\_\_\_ (Last) \_\_\_\_\_ (M.I.) \_\_\_\_\_

Address: \_\_\_\_\_ City, State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home #: (\_\_\_\_) \_\_\_\_\_ Cell #: (\_\_\_\_) \_\_\_\_\_ Work #: (\_\_\_\_) \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M / F Email: \_\_\_\_\_

Automatic Appointment Reminder Contact Method:  Text Message  Email (Consent with signature below)

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Status:  Single  Married  Divorced  Separated  Widowed

Emergency Contact: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

Pregnant?  Yes  No  Unsure If yes, Due date: \_\_\_\_\_ (Please inform us of any changes asap)

Previous Chiropractic?  Yes  No If so, who: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

Whom may we thank for referring you? \_\_\_\_\_

**Preferred Language:**  English  Other: \_\_\_\_\_ **Ethnicity:**  Hispanic/Latino  Not Hispanic/Latino  
 Decline to Answer

**Race:**  American Indian/Alaska Native  Black/African American  Native Hawaiian/Pacific Islander  
 Asian  White  Decline to Answer

## AUTHORIZATION OF TREATMENT AND ACKNOWLEDGEMENT OF FINANCIAL RESPONSIBILITY

I authorize this office and its staff to examine and treat my condition as the doctor(s) see fit. I hereby authorize the doctor to release all information necessary to any insurance company, attorney, or adjuster for the purpose of claim reimbursement of charges incurred by me. I grant the use of my signed statement of authorization with my signature for required insurance submissions. I also agree to automatic appointment reminders sent by the clinic. I understand and agree that all services rendered to me will be charged to me, and I am responsible for timely payment of such services. I understand and agree that health/accident insurance policies are an arrangement between an insurance carrier and myself. I understand that fees for professional services will become immediately due upon suspension or termination of my care or treatment. I understand any payments due not tendered within 120 days from the initial statement date will be sent to out the collections agency we keep on retainer (Olympic Collections).

( ) I agree with this statement of authorization

Patient Name (Print): \_\_\_\_\_ Date: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date of birth: \_\_\_\_\_

**Consent to Treat a Minor (Minor's Printed Name):** \_\_\_\_\_

**Guardian Authorizing Care (Signature):** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**PRESENT CONDITIONS**

**\*\*\* Please list only 1 area of complaint per page\*\*\***

**Primary Complaint:** What has prompted you to seek care? \_\_\_\_\_

Date of Onset: \_\_\_\_\_ How did it Happen? \_\_\_\_\_

On a scale of 0-10, rate your pain level **Today:** 0 1 2 3 4 5 6 7 8 9 10

On a scale of 0-10, rate your pain level **At Its Worst:** 0 1 2 3 4 5 6 7 8 9 10

On a scale of 0-10, rate your pain level **At Its Best:** 0 1 2 3 4 5 6 7 8 9 10

How much of the time do you have this pain?:  Constantly (100%)  Frequently (99%-75%)  Intermittently (74%-50%)

Occasionally (49%-25%)  Recurring (24%-1%)  Randomly (inconsistent)

What is the quality of your symptoms?:  Sharp  Dull  Throbbing  Burning  Deep  Shooting  Tight

Aching  Tingling  Stabbing  Cramping  Numbness  Radiating  Other \_\_\_\_\_

Are any other areas affected by this same pain, and how? \_\_\_\_\_

**What makes it better?:**

- Medication
- Rest
- Homeopathic Remedies
- Physical Therapy
- Surgery
- Acupuncture
- Chiropractic
- Massage
- Ice
- Heat
- Other: \_\_\_\_\_

**What makes it worse?:**

- Movement
- Pressure
- Sitting
- Standing
- Changing Positions
- Coughing/Sneezing
- Bending
- Twisting
- Lifting
- Other: \_\_\_\_\_

Have you sought any other care for this complaint?  Yes  No What/When?: \_\_\_\_\_

Is this condition interfering with work?  Yes  No How?: \_\_\_\_\_

Is this condition interfering with daily activities or hobbies/sports?  Yes  No How?: \_\_\_\_\_

Have you had any diagnostic tests or imaging performed regarding this complaint?  Yes  No

When: \_\_\_\_\_ Where: \_\_\_\_\_ Do you have copies?:  Yes  No

**PRESENT CONDITIONS**

**\*\*\* Please list only 1 area of complaint per page\*\*\***

**Secondary Complaint:** What has prompted you to seek care? \_\_\_\_\_

Date of Onset: \_\_\_\_\_ How did it Happen? \_\_\_\_\_

On a scale of 0-10, rate your pain level **Today:** 0 1 2 3 4 5 6 7 8 9 10

On a scale of 0-10, rate your pain level **At Its Worst:** 0 1 2 3 4 5 6 7 8 9 10

On a scale of 0-10, rate your pain level **At Its Best:** 0 1 2 3 4 5 6 7 8 9 10

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 Aching  Tingling  Stabbing  Cramping  Numbness  Radiating  Other \_\_\_\_\_

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- Other: \_\_\_\_\_

Have you sought any other care for this complaint?  Yes  No What/When?: \_\_\_\_\_

Is this condition interfering with work?  Yes  No How?: \_\_\_\_\_

Is this condition interfering with daily activities or hobbies/sports?  Yes  No How?: \_\_\_\_\_

Have you had any diagnostic tests or imaging performed regarding this complaint?  Yes  No

When: \_\_\_\_\_ Where: \_\_\_\_\_ Do you have copies?:  Yes  No

**MEDICATIONS:**

Please list all medications that you are currently prescribed including over the counter medications:

- 1) \_\_\_\_\_ Dosage: \_\_\_\_\_
- 2) \_\_\_\_\_ Dosage: \_\_\_\_\_
- 3) \_\_\_\_\_ Dosage: \_\_\_\_\_
- 4) \_\_\_\_\_ Dosage: \_\_\_\_\_
- 5) \_\_\_\_\_ Dosage: \_\_\_\_\_

Please list any sensitivities or allergies that you are aware of:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_

**PERSONAL MEDICAL HISTORY:**

**Injuries/Accidents/Traumas:** (e.g. Broken wrist 6/15/12)

Injury: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Injury: \_\_\_\_\_  
 Date: \_\_\_\_\_

Injury: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Injury: \_\_\_\_\_  
 Date: \_\_\_\_\_

**Surgeries:** (e.g. Left ACL Sept/2009)

Procedure: \_\_\_\_\_  
 Date: \_\_\_\_\_

Procedure: \_\_\_\_\_  
 Date: \_\_\_\_\_

**Illnesses:** (e.g. Diabetes circa 1998, ongoing)

Illness: \_\_\_\_\_  
 Start Date: \_\_\_\_\_  
 End Date: \_\_\_\_\_

Illness: \_\_\_\_\_  
 Start Date: \_\_\_\_\_  
 End Date: \_\_\_\_\_

**FAMILY MEDICAL HISTORY:**

	Heart Disease	Cancer	Neurological (i.e. MS)	Other Major Ailments
Father's Side:	( ) _____ Age of onset	( ) _____ Age of onset	( ) _____ Age of onset	_____
Mother's Side:	( ) _____ Age of onset	( ) _____ Age of onset	( ) _____ Age of onset	_____
Siblings:	( ) _____ Age of onset	( ) _____ Age of onset	( ) _____ Age of onset	_____

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**REVIEW OF BODY SYSTEMS:**

<b>Musculoskeletal -</b>	
Osteoporosis:   __ have   __ had	Arthritis:       __ have   __ had
Scoliosis:       __ have   __ had	Neck Pain:       __ have   __ had
Back Problems:  __ have   __ had	Hip Disorders:   __ have   __ had
Knee injuries:   __ have   __ had	Foot/ankle pain: __ have   __ had
Shoulder Problems: __ have   __ had	Elbow/wrist pain: __ have   __ had
TMJ issues:     __ have   __ had	Poor posture:    __ have   __ had

<b>Neurological -</b>	
Anxiety:        __ have   __ had	Depression:     __ have   __ had
Headaches:     __ have   __ had	Dizziness:       __ have   __ had
Pins & needles:  __ have   __ had	Numbness:       __ have   __ had

<b>Cardiovascular -</b>	
High Blood Pressure: __ have   __ had	Low Blood Pressure: __ have   __ had
High Cholesterol:   __ have   __ had	Poor circulation    __ have   __ had
Angina:          __ have   __ had	Excessive bruising: __ have   __ had

<b>Respiratory -</b>	
Asthma:         __ have   __ had	Apnea:            __ have   __ had
Emphysema:     __ have   __ had	Hay fever:        __ have   __ had
Shortness of breath: __ have   __ had	Pneumonia:       __ have   __ had

<b>Gastrointestinal -</b>	
Anorexia/bulimia:  __ have   __ had	Ulcer:            __ have   __ had
Food sensitivities: __ have   __ had	Heartburn:        __ have   __ had
Constipation:     __ have   __ had	Diarrhea:         __ have   __ had
I.B.S.            __ have   __ had	Crohns:           __ have   __ had

<b>Sensory -</b>	
Blurred vision:    __ have   __ had	Ringing in ears:  __ have   __ had
Hearing loss:     __ have   __ had	Chronic ear infection: __ have   __ had
Loss of smell:    __ have   __ had	Loss of taste:    __ have   __ had

<b>Integumentary -</b>	
Skin cancer:       __ have   __ had	Psoriasis:         __ have   __ had
Eczema:            __ have   __ had	Acne:             __ have   __ had
Hair loss:         __ have   __ had	Rash:             __ have   __ had

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<b>Endocrine-</b>		
Thyroid issues: ___ have ___ had		Immune disorders: ___ have ___ had
Hypoglycemia: ___ have ___ had		Frequent infection: ___ have ___ had
Swollen glands: ___ have ___ had		Low energy: ___ have ___ had

<b>Genitourinary-</b>		
Kidney stones: ___ have ___ had		Infertility: ___ have ___ had
Bedwetting: ___ have ___ had		Prostate issues: ___ have ___ had
Erectile dysfunction: ___ have ___ had		PMS symptoms: ___ have ___ had

<b>Constitutional -</b>		
Fainting: ___ have ___ had		Low libido: ___ have ___ had
Poor appetite: ___ have ___ had		Fatigue: ___ have ___ had
Sudden weight gain/loss ___ have ___ had		Weakness: ___ have ___ had

## SOCIAL HISTORY:

**Current Smoker:**  yes  no Years smoked: \_\_\_\_\_

### Consumption:

How much alcohol do you drink daily?: \_\_\_\_\_ How much caffeine do you drink daily?: \_\_\_\_\_

How much soda pop do you drink daily?: \_\_\_\_\_ How much water do you drink daily?: \_\_\_\_\_

How much do you depend on pain relievers?: \_\_\_\_\_ How often do you use recreational drugs?: \_\_\_\_\_

### Stress Information:

How much physical stress are you under?: not much – 0 1 2 3 4 5 6 7 8 9 10 – a lot

How much emotional stress are you under?: not much – 0 1 2 3 4 5 6 7 8 9 10 – a lot

What are the major stressors in your life: \_\_\_\_\_

### Sleeping Information:

How many hours do you sleep per night?: \_\_\_\_\_ How well do you sleep?:  Well  Alright  Not Well

What is your preferred sleeping position:  Back  Left side  Right side  Stomach

### Healthy Eating & Exercise Information:

How often and what type of exercise do you perform?: \_\_\_\_\_

Rate your healthy eating habits: not healthy – 0 1 2 3 4 5 6 7 8 9 10 - healthy

Typical eating habits:  Skip breakfast  2 meals per day  3 meals per day  Snack between meals

What would be the most significant thing that would improve your health?: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What additional health goals do you have?: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**RECEIPT OF PRIVACY PRACTICES**

By signing below, you acknowledge receipt of the Notice of Privacy Practices of RED-ROSE Chiropractic Clinic. You are also authorizing our clinic to use and disclose the health and medical information for the purposes of treatment, payment, and health care operations.

Signature of patient/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Please include the names of persons with whom we are allowed to discuss your condition and/or billing information.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_